

STIs and Sexual Behavior among the older persons in Nigeria

Abstract

There is paucity of data on sexual behavior among older persons. Though, sexual activity decline with age yet STIs level & sexual contact represent a significant blind spot, as extra-marital sex cut across all ages. 5 LGAs were randomly selected namely: Ikorodu, Epe, Shagamu, Ijebu ode & Ijebu north. The methodology was quantitative in nature. The survey research adopted a multi stage sampling procedure to select the LGAs, EAs, households & 810 respondents above 50 years. Data analysis involves descriptive & logistic regression. The KAP of STIs is higher among women (65%) than men (35%). Women (58%) than men (42%) contract STIs due to the polygynous settings, most STIs contracted prior to old-age(75%), more men(78%) than women had multiple sexual partners; had sex in the last 1 year & worried less about STIs(82%). There is need to include 50years & above in research on sexual behavior, such may be determinant of infection intervention successes.

Key words: STIs; Sexual behavior; older persons; Infections; Nigeria